



clinician-focused

ILAT | GLOBAL

Lifespan ADHD Clinical Training Summit

EVENT SCHEDULE

DAY 1

THURSDAY OCTOBER 29, 2026

8:45 A.M. TO 9:15 A.M.	<i>Welcome – Opening Remarks</i>
9:15 a.m. to 10:45 a.m.	ADHD in Girls, Women, & Hormones Across the Lifespan Patricia Quinn, MD Susan Young, PhD Lotta Skoglund, MD, PhD 1.5 CE Credits
10:45 A.M. TO 11:00 A.M.	<i>Break</i>
11:00 a.m. to 12:00 p.m.	Panel Discussion: ADHD in Girls, Women, & Hormones Across the Lifespan Kathleen Nadeau, PhD Patricia Quinn, MD Susan Young, PhD Lotta Skoglund, MD, PhD 1 CE Credit
12:00 P.M. TO 1:00 P.M.	<i>Break</i>
1:00 p.m. to 2:00 p.m.	Emerging Adults - The Long Transition to Adulthood Anthony Rostain, MD B. Janet Hibbs, LMFT, PhD 1 CE Credit
2:00 p.m. to 3:00 p.m.	Integrating Coaching into Psychotherapy Ari Tuckman, PsyD 1 CE Credit
3:00 P.M. TO 3:15 P.M.	<i>Break</i>
3:15 p.m. to 4:15 p.m.	Neurochemistry of ADHD Greg Mattingly, MD 1 CE Credit
4:15 P.M. TO 4:30 P.M.	<i>Closing Remarks</i>

DAY 2

FRIDAY OCTOBER 30, 2026

8:45 A.M. TO 9:15 A.M.	<i>Welcome – Opening Remarks</i>
9:00 a.m. to 10:30 a.m.	ADHD in the Workplace & Highly Accomplished Adults Nancy Doyle, PhD Russell Ramsay, PhD Lisa Joy Tuttle, PhD 1.5 CE Credits
10:45 A.M. TO 11:00 A.M.	<i>Break</i>
10:30 a.m. to 11:30 a.m.	Panel Discussion: ADHD in the Workplace & Highly Accomplished Adults Kathleen Nadeau, PhD Nancy Doyle, PhD Russell Ramsay, PhD Lisa Joy Tuttle, PhD 1 CE Credit
11:30 A.M. TO 11:45 A.M.	<i>Break</i>
11:45 a.m. to 12:45 p.m.	Underserved Communities & Racial Bias Kathleen Nadeau, PhD IngerShaye Colzie, MSW, LSW Peter Fitts, LCSW-C Tanya Murphy, CBTAC, MBSRP 1 CE Credit
12:45 P.M. TO 1:15 P.M.	<i>Break</i>
1:15 p.m. to 2:15 p.m.	Neuroaffirming Evaluation of ADHD A. Jordan Wright, PhD 1 CE Credit
2:15 p.m. to 3:15 p.m.	ADHD & Sleep Problems Penny Corkum, PhD 1 CE Credit
3:15 P.M. TO 3:30 P.M.	<i>Break</i>
3:30 p.m. to 4:30 p.m.	Treating Older Adults with ADHD Kathleen Nadeau, PhD David Goodman, MD, LFAPA 1 CE Credit
4:15 P.M. TO 4:30 P.M.	<i>Closing Remarks</i>