



EVENT SCHEDULE

THURSDAY, OCTOBER 29, 2026

8:45 a.m. to 9:15 a.m.	Welcome & Opening Remarks	
9:15 a.m. to 10:45 a.m.	ADHD in girls, women, and hormones across the lifespan Kathleen Nadeau, PhD Susan Young, PhD Lotta Skoglund, MD, PhD	1.5 CE Credits 1 PAAC CEU
10:45 a.m. to 11:00 a.m.	Break	
11:00 a.m. to 12:00 p.m.	Panel Discussion: ADHD in girls, women, and hormones across the lifespan Kathleen Nadeau, PhD Susan Young, PhD Lotta Skoglund, MD, PhD	1 CE Credit 1 PAAC CEU
12:00 p.m. to 1:00 p.m.	Break	
1:00 p.m. to 2:00 p.m.	Emerging Adults – The long transition to adulthood for youth with ADHD and their families Anthony Rostain, MD B. Janet Hibbs, LMFT, PhD	1 CE Credit 1 PAAC CEU
2:00 p.m. to 3:00 p.m.	When ADHD Keeps You Awake: Understanding and managing insomnia across the lifespan Penny Corkum, PhD	1 CE Credit 1 PAAC CEU
3:00 p.m. to 3:15 p.m.	Break	
3:15 p.m. to 4:15 p.m.	The Neurochemistry of ADHD: Translating brain science into better clinical decisions Greg Mattingly, MD	1 CE Credit 0.5 PAAC CEU
4:15 p.m. to 4:30 p.m.	Closing Remarks	

Institute for Lifespan ADHD Training (ILAT) is approved by the American Psychological Association to sponsor continuing education for psychologists. Institute for Lifespan ADHD Training maintains responsibility for this program and its content.

ILAT Global ADHD Summit has been approved by the Professional Association for ADHD Coaches (PAAC) for Continuing Education Units (CEUs) in the categories of ADHD Knowledge and ADHD Coaching.

FRIDAY, OCTOBER 30, 2026

8:45 a.m. to 9:00 a.m.	Welcome & Opening Remarks	
9:00 a.m. to 10:30 a.m.	ADHD, Career Success, and High Achievement: Understanding and supporting adults across the career lifespan Nancy Doyle, PhD Russell Ramsay, PhD Lisa Joy Tuttle, PhD	1.5 CE Credits 1.5 PAAC CEU
10:30 a.m. to 10:35 a.m.	Break	
10:35 a.m. to 11:35 a.m.	Panel Discussion: ADHD in the workplace and highly accomplished adults Kathleen Nadeau, PhD Nancy Doyle, PhD Russell Ramsay, PhD Lisa Joy Tuttle, PhD	1 CE Credit 1 PAAC CEU
11:35 a.m. to 11:45 a.m.	Break	
11:45 a.m. to 12:45 p.m.	Panel Discussion: Cultural Competence Isn't Enough: Why ADHD care must be culturally conscious Kathleen Nadeau, PhD IngerShaye Colzie, MSW, LSW Peter Fitts, LCSW-C Tanya Murphy, CBTAC, MBSRP	1 CE Credit 1 PAAC CEU
12:45 p.m. to 1:15 p.m.	Break	
1:15 p.m. to 2:15 p.m.	Neuroaffirming Assessment of ADHD A. Jordan Wright, PhD	1 CE Credit 0.5 PAAC CEU
2:15 p.m. to 3:15 p.m.	Practical Strategies and Deep Work: ADHD clients need both Ari Tuckman, PsyD	1 CE Credit 1 PAAC CEU
3:15 p.m. to 3:30 p.m.	Break	
3:30 p.m. to 4:30 p.m.	ADHD and Older Adults: Diagnostic confusion and treatment hesitancy Kathleen Nadeau, PhD David Goodman, MD, LFAPA	1 CE Credit
4:30 p.m. to 4:45 p.m.	Closing Remarks	

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